
First Edition

KBCF STEP



**for Follow-up and
Discipleship**

Kamuning Bible Christian Fellowship



KBCF STEP for Follow-up and Discipleship

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INTRODUCTION

Welcome to the family of God! Our work is not just to lead others to the saving knowledge of Jesus Christ but to make disciples. A new and enduring relationship with Christ is unfolding. God wants you to experience a full and rewarding life and He made way for this. “...I came that they may have life and have it abundantly.” (John 10:10)

Follow-up and discipleship are the Great Commission. This is what **KBCF STEP** is all about. It was written as a simple tool and guide for a new believer to grow, and for the “old Christians” who were never disciplined to nurture a closer walk with God and be able to also help others to do the same. It will help a new disciple to be in STEP with God.

As You Follow Christ, KBCF STEP Aims For You To:

1. Know that you are a child of God (1 John 5:11-12). 🕯️
You have eternal life.
2. Believe that the Bible is the Word of God (Joshua 1:8). 🕯️
God speaks to you through His Word and reveals His plans for your new life.

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3. Claim answers to your prayers (John 16:24). 🕯️ God answers prayers.
 4. Fellowship with other believers (Hebrews 10:25). 🕯️ Be a member of a local church.
 5. Understand what an Encounter is.

KBCF STEP has 4 lessons, with memory verses of God's promises and assurances that are basic to your life as a Christian. Christianity does not exempt you from problems. You may actually come across new ones, as Satan will try to discourage you and will make you doubt your faith.

STEP right. God richly bless you in this new journey of FAITH.

The KBCF Pastoral Staff

Know that you are a child of God

STEP ONE

**You have
eternal life.**

Start to Connect

[10 minutes]

- “Have you come to a place in your spiritual life where you know for certain that if you were to die today you would go to heaven?”
- “Suppose you were to die today and stand before God and He were to say to you, ‘Why should I let you into My heaven?’ What would you say?”

Truth to Ponder

[5 minutes]

“And this is the testimony that God gave us eternal life, and this life is in His Son. Whoever has the Son has life; whoever does not have the Son of God does not have life.”

– 1 John 5:11-12

Examine the Word

[20 minutes]

What happens when a person surrenders his life to Christ?

A New Relationship

God As Your Father

- The moment a person surrenders his life to Christ, God gives him the right to become a child of God and gives him all the privileges of a child.

“But to all who did receive Him, who believed in His name, He gave the right to become children of God.” – John 1:12

Jesus As Your Savior

- God redeemed us through His Son Jesus. He alone can save us from our sins.

“He has delivered us from the domain of darkness and transferred us to the kingdom of His beloved Son.”

– Colossians 1:13

“For God so loved the world, that He gave His only Son, that whoever believes in Him should not perish but have eternal life.” – John 3:16

Jesus As Your Lord

- Humbly recognize and submit to Him every area of your life.
If Jesus is not the Lord of all, He is not Lord at all

“Why do you call Me, ‘Lord, Lord’ and not do what I told you?”
– Luke 6:46

“Not everyone who says to Me, ‘Lord, ‘Lord,’ will enter the kingdom of heaven, but the one who does the will of My Father who is in heaven.” – Matthew 7:21

“But in your hearts honor Christ the Lord...” – 1 Peter 3:15

A New Beginning

- Our sins have been forgiven when we accepted Jesus.

“If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” – 1 John 1:9

He does not remember our sins anymore.

“As far as the east is from the west, so far does He remove our transgressions from us.” – Psalm 103:12

“I, I am He who blots out your transgressions for My own sake, and I will not remember your sins.” – Isaiah 43:25

“Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.”
– 2 Corinthians 5:17

“We know that everyone who has been born of God does not keep on sinning...” – 1 John 5:18

- Our life is in the process of change. We may not be sinless... but, by grace we experience our relationship with God, we should sin less.

Personal Reflections and Prayer

[20 minutes]

1. What areas in your life are you having difficulty to surrender to the Lordship of Jesus Christ?

2. How would you live you life now that you are a child of God?

3. How would you like us to help you in your walk with God?

Believe that the Bible is the Word of God

STEP TWO

**God speaks
to you
through His
Word and
reveals His
plan for your
life.**

Start to Connect

[10 minutes]

- Review and recite the previous memory verse.
- The Bible is the greatest of all treasures. It provides answers to our needs. It is our manual for living. Basic Instruction Before Leaving Earth (BIBLE).
- God wants to meet with you - just you, personally - each day. To get to know Him you need to spend time alone with Him by studying His Word. We call this time alone with God our Personal Devotion or Quiet Time.

Truth to Ponder

[5 minutes]

“This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.”


– Joshua 1:8

Examine the Word

[20 minutes]




Authority of God's Word

The Bible is the foundation of our faith (as articulated in the [KBCF Statement of Faith](#)).




A wonderful collection of 39 books from the Old Testament and 27 books from the New Testament (66 books), the Bible was written by about 40 men of different occupations, over a period of 1,500 years, in 3 languages - Hebrew, Aramaic and Greek. Yet it has one great central figure - Jesus Christ. Writing a book like this would be impossible unless the Bible had one supreme author - the Holy Spirit. The Bible is inspired by God (2 Timothy 3:16) ; it is the final authority of faith and life, inerrant (free from mistakes in the original manuscripts) and infallible (incapable of error in what it teaches).

Importance of God's Word







Through The Bible

- God communicates with you (2 Timothy 3:16). 
- You can know God's will for your life (Psalm 119:105). 
- You can be successful in living (Joshua 1:8). 

Section 3

- You can confront doctrinal errors and temptations (Titus 1:9;  Matthew 4:1-10). 
- You can live a pure and holy life (Psalm 119:11). 

Studying God’s Word (Quiet Time)

- As you study the Bible, try to identify:
 - **P**romises to claim
 - **A**ttitudes to change
 - **S**ins to avoid
 - **T**ruths to believe
 - **E**xamples to follow
- Five steps of Bible intake
(To help you have a firm grasp of God’s Word, use the Hand Illustration)
 - Hearing (Romans 10:17) 
 - Reading (Revelations 1:3) 
 - Studying (Acts 17:11) 
 - Memorizing (Psalm 119:11) 
 - Meditating (Psalm 1:2-3 ; Joshua 1:8 

(HAND ILLUSTRATION)



- Practical steps to take
 - Get hold of a Bible (NIV, ESV, NLT), a notebook/journal, and a pen.
 - Set a time and choose a place (starting with 15 mins. and increasing the time as you get used to the practice).
 - Read daily (begin with the Gospel of John, one chapter a day).
 - Record insights, observations, questions, and personal prayers in your journal.

Personal Reflections and Prayer

[20 minutes]

1. What practical steps can you take to allow Christ's Word to dwell in you richly?

2. Why is it important for you to read the Bible daily?

3. Are you willing to be accountable to somebody who can help you know Christ more by studying the Bible together?

Claim that your prayers are answered by God

STEP THREE

**God answers
prayers.**

3

Start to Connect

[10 minutes]

- Review and recite the previous memory verse.
- Prayer is our lifeline to God. It is important for us to establish the habit of starting each day with prayer and being in the attitude of prayer throughout the day. God assures us that He hears and loves to answer our prayers.

Truth to Ponder

[5 minutes]

“Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full.”

– John 16:24

Examine the Word

[20 minutes]

Why Pray?

- The Bible commands us to pray

“Continue steadfastly in prayer, being watchful in it with thanksgiving.” – Colossians 4:2

- Because God answers prayer

How does God answer prayer?

1. Yes

“And this is the confidence that we have toward Him, that if we ask anything according to His will He hears us. And if we know that He hears us in whatever we ask, we know that we have the requests that we have asked of Him.”

– 1 John 5:14, 15

2. No

“You ask and do not receive, because you ask wrongly, to spend it on your passions.” – James 4:3

3. Wait

“And he told them a parable to the effect that they ought always to pray and not lose heart.” – Luke 18:1

Section 3

God is not a genie that will give in to all our requests. He answers us according to His will. In our limited point of view we may not understand at times, but God's answers are always for our best. God does not need to be told about our prayers (He knows everything), but He desires to be with us and manifest Himself to us through our requests.

When to Pray?

- Pray all the time

“Pray without ceasing.” – 1 Thessalonians 5:17

“Praying at all times in the Spirit...” – Ephesians 6:18

- Pray when you are worried.

“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.” – Philippians 4:6-7

- Pray when you are in trouble.

“Is anyone among you suffering? Let him pray.”

– James 5:13

- Pray when you are in need.

“Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.” – Hebrews 4:16

- Pray when you are tempted.

“Pray that you may not enter into temptation.” – Luke 22:40

- Pray when you committed sin (Confession).

“If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” – 1 John 1:9

How to Pray?

- **Adoration**

Start by praising God for who He is.

- **Confession**

Ask for God's forgiveness for your wrong thoughts and actions.

- **Thanksgiving**

Express your gratitude by thanking God for all your blessings, individual and family.

- **Supplication**

Humbly ask God for your needs and the needs of others.

Prepare your prayer journal

PRAYER JOURNAL TEMPLATE

DATE	PRAYER REQUEST	DATE ANSWERED

Personal Reflections and Prayer

[20 minutes]

1. How important is prayer in your life?

2. How much time will you spend in prayer knowing that it is our lifeline to God?

3. What are some things you have been praying for lately?
What do you want me to specifically pray for you?

Fellowship with other Believers to Glorify God

STEP FOUR

**Be a member
of a local
church.**

4

Start to Connect

[10 minutes]

- Review and recite the previous memory verse.
- Ask: What is your idea of fellowship?
- When a piece of burning coal is removed from fire, it will cool off. But, when it is returned into the middle of a pile of red-hot coals, it will burn again. The same is true with Christians. When a Christian is removed from fellowship with other Christians, he will stay on fire for God.
- God wants us to be with people that will help us grow. “No man is an island.” We need someone and someone needs us. We are made for relationships.

Truth to Ponder

[5 minutes]

“Not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.”

– Hebrews 10:25

Examine the Word

[20 minutes]

Community of Believers

Cell Group

“Breaking bread in their homes...” – Acts 2:46b

A cell group is a small group of 3 to 12 members meeting at least once a week inside or outside the church for the common purpose of transforming lives through:

Knowing God

- We are committed to grow.

“And they devoted themselves to the apostles’ teaching and the fellowship, to the breaking of bread and the prayers.”

– Acts 2:42

Building up its members

- We are committed to be equipped.

“And what you have heard from Me in the presence of many witnesses entrust to faithful men who will be able to teach others also.” – 2 Timothy 2:2

Caring for one another

- We are committed to be accountable to and for one another.

Section 3

“And all who believed were together and had all things in common. And they were selling their possessions and belongings and distributing the proceeds to all, as any had need.”

– Acts 2:44,45

Fulfilling the mandate of making disciples

- We are committed to win souls and make disciples.

“Praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved.” – Acts 4:47

“But you will receive power when the Holy Spirit has come upon you, and you will be My witnesses... to the end of the earth.”

– Acts 1:8

“Go therefore and make disciples of all nations...”

– Matthew 28:19

Sunday Worship

It is a large celebration where all cell groups gather together to praise and worship God and be encouraged and strengthened through singing, praying, hearing the Word, and communion.

- We are committed to regularly attend Sunday worship celebration

“And day by day, attending the temple together...” – Acts 2:46a

Personal Reflections and Prayer

[20 minutes]

1. What are the benefits of being part of a cell group and worshipping regularly with other believers?

2. Do you want to be part of a cell group? Why or why not?

3. How do you see yourself being part of the KBCF family?

NEXT STEP: What is an Encounter?

5

NEXT STEP
Understand
what an
Encounter is.

What is an Encounter?

- An encounter with Jesus is the most wonderful experience any human being can have. When God created man, He left an empty space in his heart so that man would seek for his joy to be complete. That emptiness can only be filled by the Lord Jesus Christ.
- The Encounter is the first experience of coming face to face with God and His Word. It also confronts you and your past and totally uproots its negative influences in your life.
- You will be able to reflect on your daily life and in faith plan for a better future.
- Paul’s personal encounter with Jesus (Acts 9)
- **Encounter Yourself:** This is a time to be honest with yourself and remove all masks, and to see who you really are. It’s a time to encounter your sins, your pains, and your junk.
- **Encounter God:** Many times people’s idea of what God is like comes from the problems that they have with themselves and others. But God is not human. His ways and thoughts are very different from ours. He is a good and perfect God.
- **Encounter Others:** This is where you open up to the people around you.

Objectives

At the end of the 2-day retreat, the participants will be able to describe and share their experience of renewal and a life-changing encounter with God in the following areas:

Freedom

- Repentance and freedom from bondage of sin

Fire

- Intimacy with God and passion in serving

Focus

- Commitment to spiritual growth and obedience in every aspect of life

“Now change your mind and attitude to God and turn to Him so He can cleanse away your sins and send you wonderful times of refreshment from the presence of the Lord.”

– Acts 3:19

Preparation for Your Encounter

1. Heart

- Honesty
- Humility
- High Expectation

2. Home

3. Human Needs

Consolidation Process

It is the careful attention that we give the new believer in order to reproduce in him or her the character of Christ, so that his or her life will complete the purpose of God by bearing fruit that lasts.

The process of consolidation has begun when the new believer makes a decision to follow Christ. This is a process that was present in the early church. *“Strengthening the disciples and encouraging them to remain true to the faith.”* – Acts 14:22

- 48-hour Phone Call
- 7-day Home Visit
- Pre-Encounter Follow-up (KBCF STEP)
 - Know that you are a child of God
 - Believe that the Bible is the Word of God
 - Claim that your prayers are answered by God
 - Fellowship with other believers to glorify God

- Cell Group
- Pre-Encounter Orientation
- Encounter Weekend
- Post-Encounter
- Public Declaration of Faith (Water Baptism)

“MAKING EVERY MEMBER A DISCIPLE-MAKER”

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<http://www.kbcf.org.ph>

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