

DISCOVER. UNDERSTAND. APPLY

Bible Study:

Psalm 131

SMALL GROUP SESSION

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KBCFofficial



KBCFamily



kbcf.sulat@gmail.com



0917-886-6650



8927-7420 | 8928-6584



Psalm 131

TAKE-HOME PRINCIPLE



Discovery
Questions



Understanding
Questions



Application
Questions

Psalm 131

NIV

A song of ascents. Of David.

131 My heart is not proud, Lord
my eyes are not haughty;
I do not concern myself with
great matters or things too
wonderful for me.

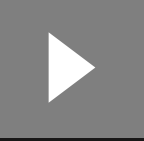


Psalm 131

NIV

2 But I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content. 3 Israel, put your hope in the Lord both now and forevermore.





TAKE-HOME PRINCIPLE

"I will be humble before the Lord and quietly trust in God's doings in the circumstances in my life."



PSALM 131

Discovery Question

#1

What does the psalmist avoid (v.1) ?



PSALM 131

Discovery Question

#2

What has he done instead? (v.2)?
What does he compare himself to or liken himself to? (v. 2a)

PSALM 131

Understanding Question

#1

Why do you think the psalmist declares that he is not proud or haughty before the Lord?

What will pride and haughtiness result to? (cross ref.:Rom 12:16; Psalm 101:5).

PSALM 131

Understanding Question

#2

How are we to treat others and how should we look at ourselves?

(cross ref.: Rom.12:16)



PSALM 131

Understanding Question

#3

How can we be calm and quiet before the Lord? (c.f. Matthew 18:3; Psalm 5: 1,3; Psalm 130:7)

Isn't it escapism to be still when faced with great matters or things "too high" for us? Why do you think we need to be quiet or still before the Lord instead

PSALM 131

Application Question

#1

What “weaning” in your life has spurred you to your spiritual growth?

Share your own experience.





PSALM 131

Application Question

#2

Share how you have calmed and quieted yourself before the Lord as you trust in Him the circumstances in your life especially in these pandemic times.

Psalm 131

TAKE-HOME PRINCIPLE



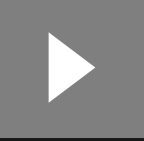
Discovery
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Understanding
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TAKE-HOME PRINCIPLE

"I will be humble before the Lord and quietly trust in God's doings in the circumstances in my life."





SMALL GROUP SESSION

Closing Prayer

DISCOVER. UNDERSTAND. APPLY

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Psalm 131

SMALL GROUP SESSION

See You Next Week

REFERENCES

1. *The Devotional Study Bible (NIV);*
2. *Life Application Study Bible (NLT)*
3. *NIV Serendipity Bible for Study Groups*
4. *The Open Bible Expanded Edition (NKJV)*
5. *Magandang Balita: Biblia (Tagalog Popular Version)**
6. *Merriam Webster Dictionary*