

DISCOVER. UNDERSTAND. APPLY

Bible Study:

Isaiah 40:29-31

SMALL GROUP SESSION

October 17, 2021



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Isaiah 40:29-31

TAKE-HOME PRINCIPLE



Discovery
Questions



Understanding
Questions



Application
Questions

Isaiah 40:29-31

NIV

29 He gives strength to the weary and increases the power of the weak.

30 Even youths grow tired and weary, and young men stumble and fall;

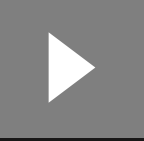


Isaiah 40:29–31

NIV

31 but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.





TAKE-HOME PRINCIPLE

"I will put my hope in God and ask Him for renewed strength to endure and rise above the challenges of life."



ISAIAH 40:29-31

Discovery Question

#1

According to the passage, to whom does God provide power and strength?



ISAIAH 40:29-31

Discovery Question

#2

What happens when God grants people renewed strength?



ISAIAH 40:29-31

Understanding Question

#1

What insight(s) can you draw from what the prophet Isaiah wrote in verse 30?



ISAIAH 40:29-31

Understanding Question

#2

According to the passage, what is the secret to overcome weariness and exhaustion?



ISAIAH 40:29-31

Application Question

#1

Professional runners observe 3 things so they can run long distances without getting tired or run out of breath: (1) pace, (2) form, and (3) rhythm of respiration.

Relate these 3 factors in your own lifestyle and spiritual walk. Are you always in a rush? Do you find yourself always catching a breath? Are you conscious of how your body is reacting to your daily activities?

ISAIAH 40:29-31

Application Question

#2

What are you tired of or exhausted from? What will it take for you to soar high above your mental, emotional, and physical fatigue? Can you cite any hindrances you need to get rid of so you can run life's race with perseverance (Heb. 12:1)?

ISAIAH 40:29-31

Application Question

#3

What does God want you to do in response to His invitation to wait on and trust in Him?



Isaiah 40:29-31

TAKE-HOME PRINCIPLE



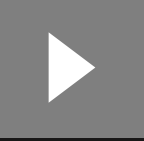
Discovery
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Understanding
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TAKE-HOME PRINCIPLE

"I will put my hope in God and ask Him for renewed strength to endure and rise above the challenges of life."





SMALL GROUP SESSION

Closing Prayer

DISCOVER. UNDERSTAND. APPLY

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See You Next Week