

# REBUILDING YOUR PRAYER LIFE



## PRAYER AND FASTING WEEK

JANUARY 15-20, 2024

THIS BOOKLET BELONGS TO:



# From the Pastor's Heart

The way we begin always matters. Every year at KBCF, we set off the year with praying and fasting together. We believe that prayer is not our last recourse, but our first response. As John Bunyan said, "You can do more than pray, after you have prayed, but you cannot do more than pray until you have prayed." Prayer should be our first resort!

For this reason, we dedicate the first month of the new year pressing into God's presence, setting apart to seek His heart, seeking direction for the ministry and our personal lives through prayer, and with fasting. We will seek God collectively as a church beginning Monday, January 15th until Saturday, January 20th, believing in Him to do all that He wants to do in and through us. We want God to help us navigate the journey ahead of us with confidence. It is that time again! What an honor and privilege.

There is no better way to **rebuild**, restructure, energize, and transform our spiritual life than initiating the year 2024 with prayer and fasting. **Rebuilding** begins with prayer because prayer puts **rebuilding** in motion. We believe the power of prayer deepens our dependence on God and sharpens our faith, that's why we pray. The act of prayer nurtures and furthers our intimacy with God, knowing that our pleas and appeals go to a God who hears us and who invites us to be involved in His plan. When we pray, we choose to put everything in God's hands, knowing that He will show up and work in every aspect of our lives and those around us.

There is a connection between sacrificing necessity that brings greater clarity and revelation into our life, that's why we fast. The motivation of our fasting is to draw closer to the heart of God. Fasting helps us break the power of the flesh in our life and leads us to feed on the Spirit of God. It is an intentional decision to abstain from the nourishment of this world in order to feast on the nourishment of God alone. We fast because we want God. It is a central expression of our hunger for God. When we fast, we truly feast on God's Word and God's Presence in a way that reminds us of His sufficiency and satisfaction.

We are excited to embark on this prayer and fasting journey together as a family. We know that it is in times like these where God reveals His heart and changes ours. It is a time for us to reflect, take stock of the past year, and invite God to order our individual and corporate steps in the new year. Whether you are brand new or you have experienced this in previous years, we hope you will enter the next six or seven days with great expectancy for how God will commune with us.

May we let the words of E.M. Bounds inspire us to pray with bold faith and expectancy: *“What the church needs today is not more machinery, not new organizations or more and novel methods, but men and women whom the Holy Ghost can use—men and women of prayer, mighty in prayer. The Holy Ghost does not flow through methods but through men and women. He does not anoint plans, but people, men, and women of prayer.”*

Setting aside time during the first part of the year gives us the spiritual momentum to not just survive but to thrive and grow! We look forward to seeing God do magnificent and amazing things in our life individually and corporately as a church. We anticipate a great move of the Holy Spirit. So,



During this time, turn down the noise of the world to focus our life and attention on God. Pray to God and listen to His voice. Like Jesus, let this become the wilderness part of our day, free from rushing and agendas, free from distractions and demands.

The goal is not to check prayer and fasting off our list, but to create closeness with God and rhythm in our life that lasts well beyond these 6-7 days. We pray that God will speak clearly to us during this time of prayer and fasting. It is our prayer that we find new levels of intimacy with the Lord Jesus Christ in prioritizing Him above all else. Together, we faithfully seek God first, trusting in His power alone to create lasting impact in our lives, our church, and our community.

To help guide us in the next 6 to 7 days we have curated devotions from various individuals from the faith family of KBCF. This booklet has been designed to help us study and apply the life-shaping principles for a deeper devotional experience that enable us to discover deeper stability in this chaotic world, and fan into flame fresh zeal in our spiritual and prayer life. Our hope is for us to come out of prayer and fasting strengthened, encouraged, and ready to live out our faith at its best!

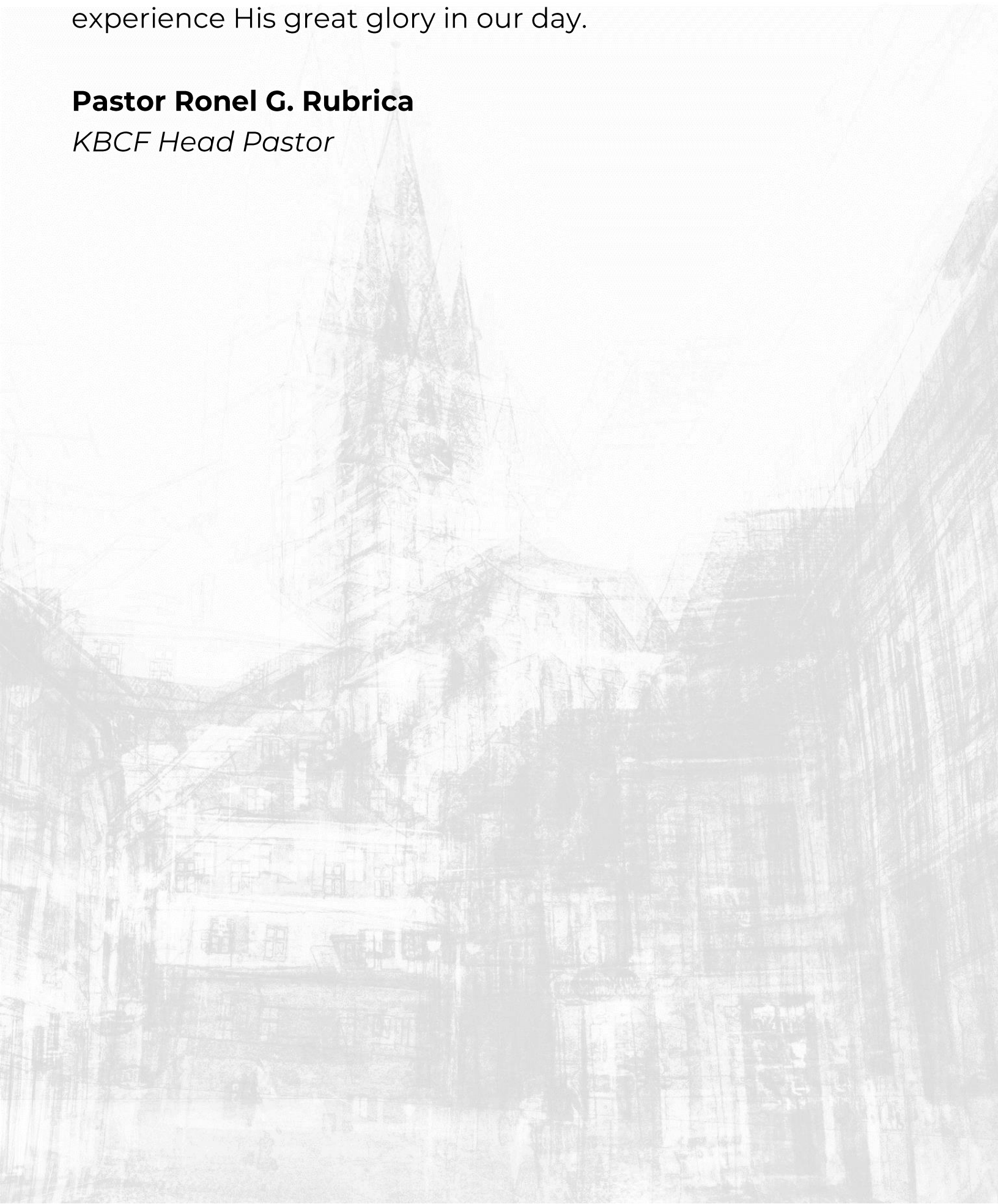
Prayer and fasting together as a community of faith is a way to express not only personally, but also corporately, that we are dependent on God and hungry for more of Him. Charles Spurgeon, once said, *“Our seasons of fasting and prayer at the [Metropolitan] Tabernacle have been high days indeed; never has Heaven’s gate stood wider; never have our hearts been nearer the central Glory.”*



It is our faith that God will renew, **REBUILD**, and restore our life as we embark on this exciting journey of prayer. May God use our prayer and fasting at KBCF to experience a deeper craving for the beauty of the Lord and for the wonder of His leading in our life and in our church; to open up the gates of Heaven and pour out His Spirit on His Church so that we might experience His great glory in our day.

**Pastor Ronel G. Rubrica**

*KBCF Head Pastor*





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# DEVOTION GUIDE



# Day 1 THE FRAMEWORK OF PRAYER

## Devotional Message

This is the **Lord's Prayer**, His own prayer that He shares to His disciples and to us (Luke 11:1-4). In this prayer He shares what consumes His heart, what drives His passion as He goes about doing good (healing, encouraging and empowering, teaching with authority, confronting the oppressive practices during His time – all “signs of the Kingdom of God He proclaims”!). **Thus, the first thing we need to realize as we pray is that we pray together with the Lord.** (Hebrews 7:25; Nowadays, we ought to join Him as He groans with what is happening in the world. Romans 8:22-23, 26) **We pray with Jesus (in Jesus' name) and the Holy Spirit.**

What comes to your mind when you pray “Our Father in heaven”? Perhaps the most prevalent sentiment is one's longing to be with God in heaven. But the next line ought to make us think, “Your kingdom come, Your will be done, on earth as it is in heaven.” You see, God's intention (which is the purpose of His Son) is to bring down heaven, His reign (His kingdom) on earth! (see Revelations 21:1-4; In the OT, heaven is where God reigns, Psalm 103:19; 123:1) And the Lord Jesus Christ had begun His Father's reign, God's kingdom, when He died on the cross (the King's enthronement! INRI) and rose again. It is no wonder then that the early Christians felt compelled to add the doxology in this prayer – “For Thine is the kingdom and the power and the glory forever and ever. Amen.” Thus, the second thing we need to realize as we pray is that we are now the “citizens of God's Kingdom/heaven” (Philippians 3:20) and the Lord would like to express His reign in and through us! (He reigns with His sacrificial love!) This is what we submit ourselves to when we pray “hallowed be Thy name” and “Your will be done.” We are declaring our willingness to be the answer to our own prayer! **Thus, at the least, our prayer ought to be filled with thanksgiving** (Colossians 3:17) **and with hope.**

What kind of people are we as citizens of the kingdom? Verses 11-13 answer this question. We are a people who are utterly dependent on God and that we share and think of each other's need. Take note that Jesus taught us to pray “Give US this day our daily bread.”



Scholars would point us back to Israel's reliance on the manna from God as they sojourn the wilderness to survive. This ought to remind us also that it is not only bread that we need daily. We also need God's Word. (Matthew 4:4; Deuteronomy 8:3). **The third thing we need to realize is that we need to pray for one another, at the least, and willing to share our daily bread.** Prayer is never intended to be individualistic. (But God is gracious and is willing to meet us when we pray, even when we pray selfishly.)

Whenever we pray, we need to look into our own hearts! We need to be aware of any bitterness or hurts that we have experienced and/or caused others. (Matthew 5:23-24) We need to forgive and ask God to forgive us (only God knows our hearts Jeremiah 17:9-10, thus our need for forgiveness). **This is the third thing we need to realize. Ours is a forgiving community. We practice this in and through our prayers.**

**Lastly, we are a people that are fully aware of the spiritual battle that we are in. We need to always pray for God's protection.** "And do not bring us to the time of trial (do not led us into temptation) but rescue us from the evil one." Paul expands this as he commands us to put on the full armor of God. (Ephesians 6:13-18a) There is no room for pride in our spiritual life and prayer. We pray and utterly rely on God in everything.

## Reflection

**1.** Scholars will point out that the Lord's prayer is the symbolic center of the sermon on the mount (Matthew 5-7). This is Jesus' own prayer that He shares with us. In this He shares with us His very own heart as He fulfills His Father's will and purpose for His life. What does it mean for you to pray the Lord's prayer? \_\_\_\_\_

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**2.** Remembering the Lord's prayer as the framework of your prayer life, what does it mean for you to have in mind "Our Father in heaven, hallowed be Your name. Your kingdom come, Your will be done, on earth, as it is in heaven" whenever you pray for specific things in your life and for others? (i.e. Do the things I am praying for reflect God's will?) \_\_\_\_\_

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**3.** What does it mean for you to realize that the Lord desires for you to be willing to be the answer to your own prayer? (i.e. to be God's instrument in blessing others.) \_\_\_\_\_

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## Personal Application

**1.** We need to always remind ourselves, even to internalize, the Lord's prayer for it to become the framework of our own prayer life. At the least, we need to make it as a part of our daily prayer. What are you willing to commit to as you try to integrate the Lord's prayer in your prayer life? \_\_\_\_\_

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**2.** The Lord's prayer as a framework invites us, even challenges us, to make our prayer life as an expression of God's reign, His kingdom, in our life. What are you willing to do or apply in your own prayer life to make this happen? (i.e. make a prayer list of the needs of others that you can pray for.) \_\_\_\_\_

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**3.** Read Ephesians 6:13-18a prayerfully. In your own way, how would you put on the whole armor of God? Make it your own way of engaging in spiritual battle even as you pray "Do not lead me into temptation but deliver me from evil." (i.e. to wear my shoes (Eph. 6:15), I need to be trained in doing personal evangelism.) \_\_\_\_\_

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## Prayer

Pray the Lord's prayer out loud. (You can read it out loud or better still memorize a version that you are familiar with that you can pray out loud. If you're with a small group, you can do this together.) Then have a moment of silence. After some time, pray as the Spirit leads you.



## Prayer List | 🇵🇭 NATION

### 2024 NATIONAL BUDGET: P5.768 Trillion

1. God to enable all government agencies to follow PBBM's call na:
  - a. Ipatupad ang expenditure program lawfully at i-honor ang taxpayers na nagbabayad ng taxes.
  - b. Fight red tape/balakid na nauuwi sa underspending at overspending; to fight implementation delay at ilegal na pagbabago na pumipigil sa progreso at development para sa bayan.
  - c. Fight poverty and combat illiteracy, magkaroon ng sapat na pagkain at tapusin ang pagkagutom, ipagtanggol ang ating teritoryo, itaguyod ang kalusugan ng mamamayan, magbukas ng trabaho at tustusan ang mga livelihood programs.
2. Bigyang-kakayahan ang PBBM administration na ma-achieve ang good fiscal stewardship—maghinay-hinay nawa sa pangungutang para mabawasan ang utang ng bansa; gastusin ang pera ng bayan for the right purposes, in a correct way, on-time at ayon sa budget.
3. Ipatupad ang budget ayon sa objectives ng Medium-Term Fiscal Framework, ng 8-point Socioeconomic Agenda at ang Philippine Development Plan 2023-2028, para makamit ang economic prosperity ng bansa.
4. Maging moderno ang agriculture, mapalawak ang agri-business, maisama ang private sector sa infrastructure development, magkaroon ng encouraging digital transformation, at maitaas ang local industry competitiveness.

## 👨👩👧👦 FAMILIES

### 1. STRONG FAITH, SPIRITUAL GROWTH AND MATURITY

- seek and submit to God's will
- live lives loving, obeying and serving the Lord so He may always be glorified
- nurture spiritual growth to increase faith and become passionate followers of Christ
- deepen understanding of God's Word
- a lasting legacy of faith and godliness for future generations
- an active ministry life
- for unsaved family members for God to open their hearts and receive the joy of salvation

## **2. RELATIONSHIPS**

- for God's love and presence to abound
- strengthen marriages, be united in love
- protect relationships from strife, discord and temptations
- peace in family members' hearts and home, may the family be a sanctuary of love, understanding, unity and harmony, reflecting God's presence in family members' lives
- strengthen bonds and experience the joy of true fellowship

## **3. PHYSICAL AND EMOTIONAL HEALTH**

- physical and emotional healing
- may there be forgiveness, understanding and support for one another
- protection from the temptation of substance abuse, immorality,
- families be spared from domestic violence and sexual abuse
- seek wisdom and discernment and ask for strength to overcome and navigate family challenges
- to make choices that honor God
- seek divine and godly counsel
- deliverance from addiction and destructive habits

## **4. FAMILY FINANCES AND SECURITY**

- obedience and faithfulness thru tithing
- good stewardship of God's provision and abundance
- pray for favor and progression for the family's educational, professional and economic pursuits
- to pray against all kinds of stagnancy
- open doors for opportunities and success
- to seek wisdom to make godly decisions
- the willingness to help others in need- to make choices that honor God
- seek divine and godly counsel
- deliverance from addiction and destructive habits



# REFLECTION

My Heart Said...



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# REVELATION

My God said....



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# Day 2

## THE CONTENT OF A **CHALLENGING PRAYER** Colossians 1:9-14



### Devotional Message

Today, you will be learning from the apostle Paul's prayer, on ways to pray for others as well as how you should be living and applying it in your own life. Following the prayer passage will help you become an effective prayer warrior for others. However, it should start by having an active prayer life yourself. Only then can you cultivate a prayer lifestyle that will consequently honor and please our Lord Jesus.

Are you ready to discover this exciting content of a challenging prayer? Read the passage at least 3x in three Bible translations. (Recommended: ESV, NKJV, and NLT)



### Examine the Word

In verse 9a of this letter, Paul, together with Timothy, has not stopped praying for the believers in Colossae since they heard about their coming to faith in the Lord Jesus Christ. Since then, they have been consistently praying for them that they would:

**1.** ... be filled with the knowledge of God's will in all spiritual wisdom and understanding (v.9b). Does it mean that God would reveal to you His perfect and precise will for every decision? Read Romans 12:2, Ephesians 5:16-17, and 1 Thessalonians 4:1-3. What does it teach you about being filled with the knowledge of God and knowing His will?

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As believers of the Lord Jesus, we are expected to read and abide by His Word, use our God-given mental resources while depending upon the guidance and leading of the Holy Spirit to give us wisdom and discernment to know God's will, and to observe them in our daily walk. (Eph. 3:4, Col.2:23, 2 Tim. 2:7).



**2.** ... walk in a manner worthy of the Lord (v.10a). For the first century Christians, walking was simply their way of life, moving around, living. As Christians, walking in a manner worthy of the Lord should also be as natural and spontaneous, too. To better understand “to live worthily of the Lord,” read Ephesians 4:1, Philippians 1:27, and 1 Thessalonians 2:12. How can you live a life that reflects the worthiness and excellence of God and the Gospel? \_\_\_\_\_

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**3.** ... bear fruit in every good work (v.10b). Read 1 Timothy 5:9-10 and Acts 9:36-39. What does Paul mean by good works? \_\_\_\_\_

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As God’s workmanship, we are created anew so we can do good things (Eph. 2:8-10) and we are expected to abound in every good work because God has provided us with the grace and sufficiency needed in all things at all times (2 Cor. 9:8).

Furthermore, they unceasingly prayed for every growing Colossian believer to be:

**4.** ... strengthened with God’s power for all endurance and patience with joy (v.11). Knowing that doing the first three prayer requests are not easy as there will be resistances and oppositions from all fronts, they also asked God to strengthen the believers with all power according to the might of God’s glory. How does God’s power working in and through you look like? \_\_\_\_\_

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How and where do you draw strength? Read Ephesians 3:16. \_\_\_\_\_

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What about enduring with joy? Nehemiah instructed Israel not to grieve, for the joy of the Lord was their strength (Neh. 8:10). Jesus himself endured the cross because of the joy awaiting Him (Heb. 12:2). With God’s great power and the joy of the Lord at work in our lives, we will have both wisdom and strength to endure and live a life that is worthy and pleasing to God.

**5.** ... thankful to God for all that He has done for them (vv. 12-14). According to the verses, what has the Father done for every believer?

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In his prayer, Paul also asked God to fill the believers' hearts with gratitude and thanksgiving by remembering who He is to them and what He has done for them.



## Personal Application

**1.** Have you noticed the tone and Paul's level of expectation in his letter? (i.e. filled with knowledge, in all spiritual wisdom, fully pleasing, in every good work, with all power, for all endurance, ESV). How do these phrases affect you? How can you overcome the feeling of inadequacy? From where should we draw the needed resources?

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**2.** How is 'being strengthened with all power, according to his glorious might, for all endurance and patience with joy' different from stoicism which teaches to endure pain and hardship without the display of feelings and/or any complaint. Does your lifestyle conform with that of Paul's prayer? How is it the same or different?

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**3.** Have you ever considered and/or committed to pray for one community of believers? (i.e. family you shared the Gospel with, discipleship group, KBCF, daughter church, etc.) You can start by adopting a group of growing believers or local congregation and consistently pray for them using the content and pattern you have learned in this devotional.



## Prayer

Speak from your heart as you commune with the Lord. Ask Him to illumine your spiritual eyes to ways you can reform your prayer life – to pray more for spiritual things, not just materialistic and trivial needs. Take to heart and pray to God that you be filled with God's spiritual wisdom, understanding, and discernment so that you may walk in a manner worthy of the Lord, taking every opportunity to give and serve others. You can also pray this prayer for believers who are important to you.

## Prayer List | 🇵🇭 NATION

### **PRAY FOR:**

- a. Guidance and protection; to serve with integrity, wisdom, faithfulness; to have reverent fear of the Lord.
- b. Wisdom to solve problems on graft and corruption, drugs, human trafficking and criminality, abuse of authority
- c. To find solutions for economic recovery—help businesses to recover, generate employment.

### **Leaders of The Executive Branch:**

PRAY FOR:

President Ferdinand Marcos Jr.

Vice President Sara Duterte

### **Cabinet Members**

DITC Sec.-Ivan Uy

Educ. Sec.-Sara Duterte,

DENR Sec.-Toni Loyzaga

DTI Sec.-Alfredo Pascual

Health Sec.-Ted Herbosa

Exec. Sec.-Lucas Bersamin

Energy Sec.-Raphael Lotilla

Sol. Gen.-Menardo Guevarra

DPWH Sec.-Manuel Bonoan

DILG Sec.-Benjamin Abalos Jr.

Finance Sec.-Benjamin Diokno

DA Sec.-Francisco Tiu Laurel Jr.

Human Settlement-Jose Acuzar

DSWD OIC-Usec. Eduardo Punay

Tourism Sec.-Ma. Eseranza Frasco

NEDA Dir. Gen.-Arsenio Balisacan

Justice Sec.-Jesus Crispin Remulla

DBM Sec.-Amenah Pangandaman

Nat'l Security Adviser-Eduardo Ano

Special Asst.-Antonio Lagdameo Jr.

Foreign Affairs Sec.-Enrique Manalo

Transportation Sec.- Jaime Bautista

Agrarian Reform-Conrado Estrella III



Nat'l Defense Sec.-Gilbert Teodoro Jr.  
Chief Pres. Legal Counsel-Juan Enrile  
Pres. Mgmt. Staff Sec.-Elaine Masukat  
West Phil. Sea Adviser-Andres Centino  
Poverty Alleviation Adviser-Lorenzo Gadon  
Peace, Reconciliation Adviser-Carlito Galvez  
Migrant Workers OIC.-Usec Hans Leo Cacdac  
Science and Technology Sec.-Renato Solidum Jr.  
Labor and Employment Sec.-Bienvenido Laguesma  
Special Asst., Investment and Economic Affairs-Frederick Go.  
Nat'l. Anti-Poverty Commission Lead Convenor-Lope B. Santos III

## **EDUCATION**

1. Pray for DepEd and CHED to be able to use government funds efficiently and effectively to uplift our education system by providing books, facilities, and other educational resources.
2. Pray for adequate number of teachers to serve the different schools and to provide them with the strength, endurance, and wisdom in their profession.
3. Pray for the Lord of the Harvest to bring forth a large bountiful yield among different school campuses.
4. Pray that the Philippines education world's ranking will improve, specifically in math, reading and science through reforms and proficiency programs.

# REFLECTION

My Heart Said...



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# REVELATION

My God said....



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# Day 3 Praying to the Sovereign God

## Ephesians 1:15-23



### Devotional Message

Whenever we pray, we pray to the Sovereign God. The sovereignty of God simply means that, as John Piper puts it, “God has the right and power to do whatever makes Him happy.” Psalm 115:3 declares, “Our God is in heaven; He does all that He pleases.” This Sovereign God to whom we pray is the God who, in His power and wisdom, created the heavens and earth and everything in it; in His justice and grace, made a way to redeem the world and save sinners like us by sending Jesus Christ to die on the cross; and in His glorious riches promised us eternal life with Him in the new heaven and earth. Everything that has happened and are about to happen are all under God’s sovereignty.

The apostle Paul clearly understood God’s sovereignty in light of our salvation in his letter to the Ephesians. In the first chapter, Paul demonstrated his understanding of God’s sovereignty in terms of choosing people before the foundation of the world to be holy and blameless before Him (v. 4). This resulted in praise and prayer in the opening section of his letter.

After giving praise to God for all the spiritual blessings that he and the saints in Ephesus received through the redemptive work of God in verses 3-14, Paul prayed a beautiful intercessory prayer for the saints in Ephesus. For Paul, their faith in the Lord Jesus and their love toward all the saints provided a reason to give thanks to God (vv. 15-16). Then, from thanksgiving he turned to supplication. Paul let his readers know that he is praying for them continuously to receive from God the Spirit of wisdom and revelation in the knowledge of Him (v. 17). Specifically, Paul prayed for knowledge of th

ree important things: (1) the hope which God called them, v.18a; (2) the riches of God’s glorious inheritance in the saints, v.18b; and (3) the immeasurable greatness of God’s power for every believer, v.19. Furthermore, he attributed this power to the same power that God used to raise Christ from the dead from which He ascended to heaven to receive all authority in this age and in the age to come. What a prayer! In summary, Paul continually prays for them to behold what the Sovereign God has in store for those who believe in the gospel.



Why would Paul pray this kind of prayer for the saints in Ephesus? The reason is because he wants them to persevere in the faith. Paul is fully aware that the Christian life on this side of heaven is also a spiritual warfare against the forces of evil. We can see this at the end of his letter where Paul encouraged his readers to be strong in the Lord and put on the whole armor of God to stand against the schemes of the devil (vv. 6:10-18). The saints in Ephesus needed to know these glorious truths about the gospel to persevere and be victorious Christians. This is also true for all Christians of every generation.

Understanding God's Sovereignty or Lordship is an important building block in rebuilding your prayer life. This means that you can pray for God to give you and others the Spirit of wisdom to recognize His matchless authority and immeasurable great power to save you and preserve you until you receive the glorious inheritance in which He has called you to put your ultimate hope.

*John Piper, Desiring God, (Colorado Springs, CO.: Multnomah, 2011), 32.*

### Examine the Word

Paul's prayer in vv. 15-23 has a strong connection to his doxology in vv. 3-14. Before you answer the guide questions, it is better to read and meditate on the whole of Chapter 1 to see the connection.

**1.** What is the hope to which God called those who believe in Christ?

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**2.** What is the glorious inheritance that Paul is talking about in his prayer?

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**3.** How did Paul describe the immeasurable greatness of God's power?

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## Personal Application

1. How does Paul's example of prayer for the saints in Ephesus improve your way of praying to God? \_\_\_\_\_

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2. What steps do you need to take to demonstrate your submission to the Lordship of Christ in your life? \_\_\_\_\_

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3. Beyond material needs, Paul prayed for spiritual needs. In what way would you intentionally pray for the spiritual needs of others in the church? Take some time to think of a person who might need a prayer for spiritual wisdom and revelation from God. You may pray the way Paul prayed for that person.



## Prayer

*Sovereign God, I submit to your Lordship over my life and surrender to your will. Give me a grateful heart to always give thanks for your salvation. Help me to remain hopeful and always look forward to your promise of eternal fellowship with you. Help me to cling and depend on your power to remain steadfast and victorious in my battle against evil as I journey in this world.*

## Prayer List | 🇵🇭 LEADERS OF THE LEGISLATIVE BRANCH

### 1. Senate of the Philippines (Senado)

Senate Pres.-Miguel Zubiri,  
Pres. Pro Tempore-Loren Legarda,  
Majority Leader-Joel Villanueva,  
Minority Leader-Koko Pimentel,

### Other Senators:

Sonny Angara, Nancy Binay, Pia Cayetano, Ronald dela Rosa, Bong Go, Lito Lapid, Imee Marcos, Grace Poe, Bong Revilla, Francis Escudero, Cynthia Villar, Allan Peter Cayetano, Francis Tolentino, Jinggoy Estrada, Win Gatchalian, Risa Hontiveros, Robin Padilla, Raffy Tulfo, Mark Villar.

## **2. House of Representatives (Kamara)**

Pray for the 315 Congressmen/women, including party-list representatives, sa pamumuno nina:

Speaker-Martin Romualdez,

Sr. Deputy Speaker-Aurelio Gonzales Jr.

Deputy Speakers-Aurelio Gonzales Jr.

Yasser Balindong

Roberto Puno

Kristine Meehan

Camille Villar

Raymond Mendoza

Ralph Recto

Vincent Frasco

Antonio Albano.

Majority Floor Leader-Manuel Dalipe

Minority Floor Leader-Marcelino Libanan

Sec. General-Mark Mendoza

Sergeant-at-Arms-Police Maj. Gen. Mao Aplasca

PRAY FOR:

- Guidance and protection; to have reverent fear of God;
- to serve with integrity, wisdom, faithfulness in updating and making new laws to address problems on poverty, drugs, criminality and corruption, ease of doing business.

## **KBCF Ministries**

### **Spiritual Care Department**

We pray to the Lord for KBCFers to be burdened to help in the big task for this year. Trusting the Lord for those who can commit to disciple others, to be part of the assimilation team, to help in the various SCD ministries.

Pray for the current SCD workers and ministers to be encouraged, not to lose heart, and to find joy in serving the Lord.

### **Admin Department**

a. Pray for the spiritual well-being of each staff member, that they may continually grow in their relationship with God. Pray that they may find joy and fulfillment in serving the King.

b. Lift up the families of the church staff, asking for God's blessing, protection, and harmony in their homes.



- c. Pray for unity and cooperation among the staff, that they may work together harmoniously. Pray for creativity and wisdom among the staff as they seek to accomplish key tasks for the year 2024.
- d. Pray for discernment and wisdom in the decisions they make, both individually and collectively, seeking God's guidance in all matters.

## **Worship Department**

1. May God bring new and young talents that will be involved in the Ministries
2. Deepen discipleship engagements for all the volunteers
3. May the Pastoral Care team continue to give sound and biblical preaching and teaching
4. May God give wisdom to the Worship Core to help and lead the people into worshipping the Lord.

## **KBCF Operation Paglingap Foundation (KOPF)**

1. More volunteers to help in implementing the different programs planned for the year.
2. Financial provision for the different ministries - HOSEA -  
**H** - *ealth and Humanitarian Development*  
**O** - *pportunities - Livelihood program*  
**S** - *piritual Growth*  
**E** - *ducation*  
**A** - *dvocacy - Child Labor, on-line sexual abuse of children, human trafficking, etc.*
3. The Lord raise up the person who will administer KOPF.

## **KBCF Kindercare Christian School (KKCCS)**

1. Good health and protection for the teachers, staff and the students.
2. The Lord continue to sustain the daily operation of the school.
3. Guidance and wisdom as the teachers implements the different activities during the remaining months of the school year.
4. Commitment of the Bible Study Leaders and Spiritual growth of the parents attending the Bible Studies during the different days of the week.

# REFLECTION

My Heart Said....



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# Day 4 The God-Dependent Community

Mark 9:14-29

## Devotional Message

As a Christian community we must always be dependent on God. Jesus and His three disciples had a mountain-top experience as Jesus was transfigured before them. But when they came down to the other disciples, they saw them having an embarrassing moment for their failure to drive out demons that gave the occasion for the other religious leaders to argue with them while being watched by the crowd.

From this section, we learn five reasons why we need to be God-dependent all the time.

### **First, there are those who Discredit our faith - vv. 14-16.**

The teachers of the law were arguing with the disciples over their powerlessness to cast out the demon on the boy. The helplessness of the disciples was a first-rate opportunity to belittle not only them but their Master. The disciples were on the defensive stance as they became self-sufficient and now had to fight for their lives.

As a Christian, there will always be detractors and oppositionists to discredit our faith. They will use our conduct, words, behavior, ability to cope up with the demands of life as a yardstick not only to judge us but even Jesus.

But at that moment, Jesus was ready to help in their defense. He questioned the scribes who took advantage of His absence to embarrass His disciples.

### **Second, there are those who Depend on our faith – vv. 17-20**

The man from the crowd brought his son possessed by the evil spirit who attempted to destroy the child by casting his body into fire. We see here that the purpose of the demon was to distort and destroy the image of God in men. The father of the boy believed that in the absence of Jesus, His disciples are able representatives, but they failed miserably.

Earlier in Mark 3:15 and 6:7, the disciples were given the authority over the demonic realm but at this time they were unable to do so as

their attitude of unbelief and self-confidence based on their past success has exposed them to failure.

Let us be reminded that faith is not a matter of experience but it's a moment-by-moment dependence on God. Let us not live on our past glory and experience. Let us recognize that there are those who depend on us and thus we need to depend on God.

### **Third, there is deliverance that Demands our faith vv. 21-24**

The attitude of the father, "But if you can do anything, have compassion on us and help us," initially indicates doubt on the ability of Jesus which was probably caused by the failure of His disciples.

Jesus' response demands faith on the part of the father. The cure of your boy depends not on me but on you. Everything rests on your ability to believe, not on mine to act. Thus the father of the child cried out, "I believe; help my unbelief!"

The possibilities are limitless when we believe. How much do we believe in God for our situations?

### **Fourth, there is a demonic power that Defy our faith – vv. 25-26**

The demonic power is a power that can't be faced by human ability and in this instance the disciples seemed to be powerless. We thus need the divine power of Jesus.

There was a strong reaction of the evil spirit to Jesus that threw the boy into convulsion. In Jesus' presence the agitation of the demon is great indeed. We see a heightening of demonic resistance to Jesus but He showed His power by ordering the demon to stay out for good.

### **Fifth, there is Divine power that is Dispensed by faith – vv. 27-29**

After that incident, His disciples asked Jesus, "Why can't we drive out the demons?" Jesus said, "This kind cannot be driven out by anything but prayer."

The disciples have been tempted to believe that the gift they have from Jesus was in their control and they could be exercised at their disposal. They trusted themselves rather than God. Their previous success in casting out demons provided no guarantee of their continued power. They no longer depended prayerfully on God.

The power of God must be asked for each of the occasions which demands radical reliance on His ability alone.



## Examine the Word

1. What are the indicators of the lack of faith resulting to failure on the part of the disciples? What is the expression of faith on part the father of the child? \_\_\_\_\_  
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2. What are the manifestations of the power of the evil spirit?  
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3. How can we access and avail the power of God to give us victory over the demons?  
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## Personal Application

1. In what ways have you manifested the lack of dependence on God in your life? \_\_\_\_\_  
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2. How does the reality of the power of evil spirit lead you to be dependent on God? \_\_\_\_\_  
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3. In what ways can you cultivate and deepen your faith in God?  
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## Prayer

*Lord Jesus, help us to be a God dependent community that develops our faith and not have our self-confidence. Help us to learn what it means to moment by moment wait and trust in you so that your power is dispensed from you when we come to you in prayer. Amen.*



## Prayer List | 🇵🇭 LEADERS OF THE JUDICIARY BRANCH (part 1)

### 1. Supreme Court, SC (Korte Suprema):

Chief Justice Alexander Gesmundo,	Mario Lopez,
Sr. Assoc. Justice-Marvic Leonen,	Samuel Gaerlan,
Assoc. Justices:	Ricardo Rosario,
Alfredo Caguioa,	Jhosep Lopez,
Ramon Hernando,	Japar Dimaanpao,
Amy Javier,	Jose Marquez,
Henri Inting,	Antonio Kho Jr.,
Rodil Zalameda,	Maria Singh.

PRAY: Supreme Court to be God's instrument para maitaguyod ang justice, avoid its miscarriage through supervision and control sa Philippine judiciary at ang mga employees at abogadong members ng Philippine bar; to supervise ang pagsasa-ayos ng mga usapin involving legally demandable and enforceable rights; in determining grave abuse of discretion of any branch or instrumentality of the govt.

### 2. Court of Appeals, CA (Hukuman ng Apelasyon):

Presiding Justice Mariflor Castillo and the 68 Associate justices;  
PRAY: CA to be God's instrument for reviewing decisions and orders, awards, judgments, final orders and resolutions ng Regional Trial Courts.

## KBCF MISSIONS

1. Pray for the Missions Committee as they prayerfully and conscientiously implement the 2024 ministry programs and plans.
2. Pray that God would raise from among KBCFers, equipped harvest workers sent out to serve the immediate community, cross-cultural groups, and the unreached.
3. Pray for our missionaries that they will be sensitive and effective in responding to every open opportunity to preach the Gospel with boldness through the power and protection of the almighty God.
4. Pray for our daughter churches and other local congregations that the Holy Spirit will empower them to stay true to their calling to reach out and equip its members to grow in their faith, prayer life, devotion to the Word, and participate in the fulfillment of the great commission.



# REVELATION

My God said....



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# Day 5

## THE CONFIDENCE IN PRAYER 1 John 5:14-17

### Devotional Message

Most Christians pray, however, some do it with the wrong attitude. For some, it is just like making a wish and hoping for the best. Worse, for others, it is like making demands of God to do things for them, dictating to God rather than making requests. Thus, when they do not get the answer they want, they either lose faith in prayer or in God.

As we focus on our theme “Rebuilding Your Prayer Life,” it is good to reflect on our own attitude towards prayer and what aspects of our prayer life need correction or improvement. The essence of prayer and the assurance that God answers prayer goes beyond the things we ask for but foremost it is about God and the pray-er. To pray with confidence, we must truly know our God and respond properly to Him as His children.

The critical condition for confidence in prayer is “if we ask anything according to His will” (v. 14). When we approach God in prayer, we must realize that He has His perfect will apart from our own will. His will is perfect because it is in accord with His character. He is love; He is concerned about our needs and loving towards all He has made. Sometimes we assume that we know what is best for us, but we must realize that God always has our best interest at heart and His best is always better than our best.

Furthermore, our God is omniscient; He knows the end from the beginning and He never makes any mistake. He is sovereign; He can orchestrate all things toward achieving His purposes for our lives. Therefore, we should trust Him rather than our limited understanding of situations and admit that His timing is always best.

Our proper response, therefore, is to conform our will to God’s will. “Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—His good, pleasing, and perfect will” (Romans 12:2). True prayer may not transform our situation according to our desire but it will transform us. Our confidence will not rest in our ability but in God.

How do we get to know His will? We need to spend time with Him in His Word because there He has revealed His will. We get to know God and His heart through His Word and as we abide in Him, His will becomes our will and we pray accordingly. “If you remain in Me and My words remain in you, ask whatever you wish, and it will be done for you” (John 15:7). Conforming ourselves to God’s will means not just knowing His will but also submitting our will to His and doing our part in fulfilling it. God does not violate our free will that even though He has His perfect will for us, we can still choose our will above His.

For instance, it is God’s will for us to be holy (1 Thessalonians 4:3; 1 Peter 1:15-16). Whenever we pray against temptation, He will surely protect us or provide a way out for us (Matthew 6:13; 1 Corinthians 10:13). But when we deliberately choose to give in to temptation, we are fully responsible for our sin.

Likewise, “The Lord is... not willing for any to perish, but for all to come to repentance” (2 Peter 3:9). Therefore, we should pray for peoples’ salvation. However, He will not save anyone against that person’s will. The “sin that leads to death” in our text (v. 16-17) points to a person’s unrepentant attitude and deliberate rejection of God.

Thus, we see that confidence in prayer is based on our knowledge of God and our submission to His will.



## Examine the Word

**1.** Our Scripture text comes after the verses on the assurance of salvation (1 John 5:11-13). What do you think is the connection between assurance of salvation and confidence in prayer?

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**2.** Does God always hear our prayers? If He does, does it mean He will always grant our requests? Why or why not?

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**3.** Is it God’s will for us to pray for the salvation of all men even if we know that not all will accept His gift of eternal life? Why or why not?

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## Personal Application

1. How much time are you spending with God in His Word? What adjustments do you need to make in your life to give more time to knowing God and His will through His Word?

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2. Examine the content of your prayers. Do they reflect more of your personal desires rather than God's? "When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures" (James 4:3). What changes do you need to make in your prayer pattern to reflect God's heart more?

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3. In what areas do you struggle to obey God's will? What are your personal considerations that cause the struggle? Would you be willing to surrender them to God through faith in His love and wisdom?

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## Prayer

*Dear Lord, we praise You because You are our loving, omniscient, and sovereign God. Forgive us for the times we trusted in ourselves and assumed that what we want is also what You want for us. We thank you for the privilege you have given us to be Your co-workers in fulfilling Your purposes in the world. Help us to grow deeper in our knowledge of You so that we can carefully discern Your heart in every situation and choose to let Your will, not our will, be done on earth as it is in heaven. In the Name of Him who did everything according to Your will, our Lord Jesus Christ, we pray. Amen.*

## Prayer List | 🇵🇭 LEADERS OF THE JUDICIARY BRANCH (part 2)

**3. Court of Tax Appeals (Hukuman ng Apelasyon sa Buwis), CTA:  
Presiding Justice Ramon Del Rosario and the 8 Associate Justices.**

PRAY: CTA to be God's instrument for reviewing decisions, judgment, ruling, or inaction ng Commissioners ng BIR at ng BOC, ng Secretaries of Finance, DTI and of Agriculture involving the National Internal



Revenue Code, the Tariff and Customs Code and other related matters, pati na rin ang mga cases sa local and real property taxes.

#### **4. Sandiganbayan**

Presiding Justice, Amparo Cabotaje-Tang and the 14 Associate Justices.

PRAY: Sandiganbayan to be God's instrument to uphold justice over criminal and civil cases involving graft and corrupt practices and other offenses na ginawa ng public officers and employees, including those in govt-owned and controlled corporations.

#### **5. Metropolitan and Municipal Trial Courts, Circuit Trial Courts, and Barangay Justice; Shariah District and Circuit Courts**

PRAY: Guidance and protection, reverent fear of God; to serve with integrity, wisdom, faithfulness for trial courts to become God's hand to uphold justice and righteousness without delay.

#### **LEADERS, ARMED FORCES:**

- Commander-in-Chief—Pres. Ferdinand Marcos Jr.
- Sec. Of National Defense—Gilbert Teodoro Jr.
- National Security Adviser—Sec. Eduardo Año
- Presidential Adviser for Military Affairs—Sec. Roman Felix
- Presidential Adviser on the West Phil. Sea—Sec. Andres Centino
- Chief of Staff, AFP—Gen. Romeo Brawner Jr.
- Vice Chief—LTGen Arthur Cordura;
- Deputy Chief—LTGen Charlton Gaerlan
- Commanding Gen., Phil. Army—LTGen. Roy M. Galido
- Flag Officer-in-Command, Phil. Navy—Vice Admiral Toribio Adaci Jr.
- Commanding General, Phil. Air Force—LTGen. Stephen Parreno
- Commandant, Phil Marine Corps—Maj. Gen. Arturo Rojas

Pray for

- a. Guidance and protection; to have reverent fear of God; to serve with integrity, wisdom, faithfulness
- b. Maipagtanggol ang sovereignty ng bansa, to be the protector of the Filipino people.
- c. To support the Phil. Constitution at all times.
- d. To defend the territory of the Republic of the Phils against enemies, foreign or domestic.
- e. Isulong national aims, interests, and policies.

# REFLECTION

My Heart Said....



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# REVELATION

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# ANSWERED PRAYERS

Breakthroughs and answered prayers during the Prayer and Fasting period

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# FAITH GOALS

Items you are entrusting the Lord to work in your life

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# BREAKING THE FAST

## **1. Reintroduce solid food gradually.**

You should break your fast the same way you prepared for it. It will take your body just as many days you fasted to adjust to a normal diet. Begin eating gradually. Don't eat solid food immediately after your fast. Start with fruits, juices, and salad. Then, you can begin adding vegetables and boiled potato. Take it slowly from there. Eat small portions spread throughout the day.

## **2. Continue praying.**

Don't let your prayer life end on the day you finish the fast. Build from the momentum you gained during the fast. Let it transform your prayer and devotional life. Carry the new-found passion with you throughout the year.

## **3. Be expectant.**

Be in faith and believe God to answer your prayers soon! Don't give up; persevere in prayer even if you don't see the answers immediately. Make sure you keep the copy of your prayer points. You can check it at the end of the year and see how God has answered your prayers. It can be your thanksgiving list at the end of the year.

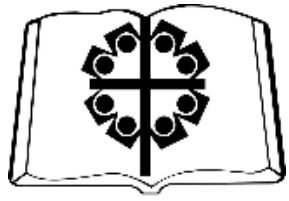




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Elder Third Fermin  
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Jay Cayari  
Prayer Committee

*Thank You!*



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Kamuning Bible  
Christian Fellowship

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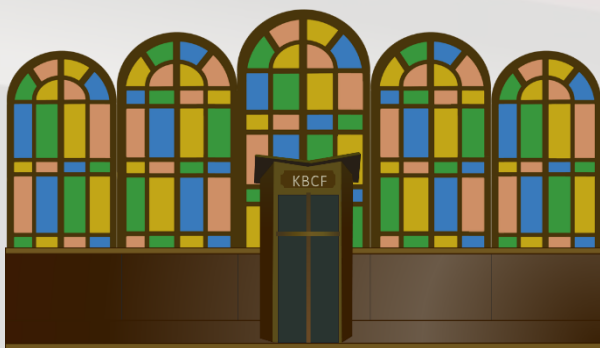
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